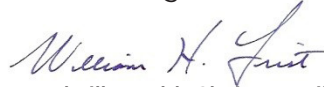


# NASHVILLE Health

## Reflecting on 2020

*The COVID-19 pandemic has laid bare many truths this year, but none more so than this - good health is foundational in our personal lives, in our community's economic vitality, and even in our national security. Now, more than ever, we must prioritize and invest in public health to improve our city's resiliency and ensure our continued vitality. NashvilleHealth is well-positioned to help drive this change as we work with partners across the city to address our most pressing public health challenges and, ultimately, better position ourselves for future health crises. Together, we can emerge a healthier, equitable and more resilient Nashville.*



NashvilleHealth Chairman Bill Frist, M.D.



## Understanding and Elevating Health Disparities

- Hosted virtual series attended by 500 on health equity and action to eliminate disparities with national experts, including the **U.S. Surgeon General Jerome Adams, M.D.**
- Analyzed data from the Nashville Community Health + Well-being Survey to further understand health disparities in our city
- Shared disparities data to educate public and media

## Addressing COVID-19 Community Impact

- Served as high-value resource, providing statewide pandemic tracker, local heat maps, and data on existing local health conditions and disparities.
- Spearheaded citywide #MaskforNash, #ÚselaPorNash campaign
- Chaired and supported United Way Recovery Fund, securing \$5 million for pandemic response
- Issued weekly e-briefs with timely public health messages and videos featuring local and national experts, such as:



DR. EDUARDO SANCHEZ



DR. TONY ITON



NANCY KEIL



Data Utilization

Awareness & Influence

ACTION

NASHVILLE COMMUNITY Health + Well-being Survey

## Putting Data to Action

- City-wide release of Nashville Community Health + Well-being Survey results
- Launch of survey data online exploration tool
- Offered panel with local and national experts to educate on mental health survey findings and solutions
- Partnered on successful grant project to further explore LGBT survey results

## Collaborating *for* Better Health

- Received Bright Spot Award from the Tennessee Department of Health for Tobacco-Free TN Coalition
- Drove state policy effort to strengthen tobacco and e-cigarette laws; built statewide coalition of 30+ organizations to support change
- Collaborated to increase reach of Target:BP hypertension control initiative to nearly one-million patients
- Launched unique barbershop-based heart health program
- Chaired Root Nashville Advisory Board, supported planting of 5,305 trees to create greener, healthier neighborhoods



## NashvilleHealth Governing Board

**William Frist, M.D.**, *Cressey & Co.*

**Gregory Allen**, *Cigna Tennessee & Mid-South*

**Richard Ashworth**, *Tivity Health*

**Joel Bradley, M.D.**, *United Healthcare Community Plan of Tennessee*

**Bill Carpenter**, *Retired, LifePoint Health*

**Robert S. Dittus, M.D., MPH**, *Vanderbilt University Medical Center*

**John Esposito**, *Warner Music Nashville*

**Robert Garnett**, *Amerigroup Tennessee*

**James Hildreth**, Ph.D., M.D., *Meharry Medical College*

**Rita Johnson-Mills**, *rjMills Enterprises*

**Sajid Khan**, *Change Healthcare*

**Ken Levitan**, *Vector Management*

**Wendy Long, M.D.**, *Tennessee Hospital Association*

**Wanda Lyle**, *UBS Nashville Business Solutions Center*

**Joshua Roberts**, *HCA Healthcare*

**Ralph Schulz**, *Nashville Area Chamber of Commerce*

**Karen Springer**, *Ascension Healthcare*

**Tama R. Van Decar, M.D.**, *Tri-Star Division, HCA Healthcare*

**Stephaine Hale Walker, M.D., MPH**, *Mt. Zion Baptist Church and Full Gospel Baptist Church Fellowship*

**Joseph Webb, D.Sc.**, *Nashville General Hospital*

**Herman Williams, M.D.**, *BDO*

**Edna Willingham**, *Prospero Health*

**Andrea Willis, M.D.**, *BlueCross BlueShield of Tennessee*

## Planning *for* Our Future

Board and stakeholders gathered to create a NashvilleHealth 3-year strategic plan, including new focus areas, implementation and measurement tools

### FOCUS AREAS



#### HEALTHY COMMUNITIES

A healthy, equitable Nashville is resilient and ready to respond to health challenges.

NashvilleHealth will advocate for policy change, support improvement to our environment and work to create more opportunities for Nashvillians to engage in healthy behaviors.



#### DATA

Timely health data is critical to understand community well being, better allocate resources, implement strategies for health improvement and measure outcomes.

NashvilleHealth will gather, analyze and disseminate health data to prioritize our community's greatest health challenges and further effective collective action for change.



#### CHRONIC CONDITIONS

Chronic diseases are among the most prevalent and costly health conditions. They are also often the most preventable.

NashvilleHealth will collaborate to implement evidence-based strategies to address Nashville's high rates of hypertension, obesity and poor mental health, and the social determinants that affect these conditions.

